

Geelong Bipolar Disorder Health and Lifestyle Study

The Aim

This study aims to investigate health and lifestyle factors associated with bipolar disorder and its related illnesses.

The Reason

The purpose of this investigation is to increase our understanding of bipolar disorder and related illnesses, and may benefit people with bipolar disorder by further understanding the illness.

Persons Eligible for the Study

Participants must have a diagnosis of bipolar disorder, be aged over 20, and usually reside in the Geelong and surrounding area.

Key Points for Participants

- The study will NOT involve any costs
- The study will recruit participants over a 2-year period
- Appointments take approximately 2 hours
- A fasting blood sample will be required
- A bone mineral density scan will be conducted free of charge, of which you will receive the results
- Questions regarding health, lifestyle and mental well-being will be asked and clinical measures taken

The Researchers

This study is a joint venture between Barwon Health and Deakin University.

Contact Details

Persons wishing to take part in the study can obtain more information from:

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